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Hy-Tek's Meet Manager 2/15/2004 08:5

UW Open #3 - 2/15/2004

Dempsey Indoor

Results

Women 60 Meter Dash

=====				
Name	Year Team	Prelims	H#	
=====				
Preliminaries				
1 Shemi, Ena	Portland State	7.79q	2	
2 Taylor, Ashley	McKenzie Strider	7.90q	6	
3 Palermo, Olivia	Portland State	7.91q	4	
4 Pierre, Patrice	Portland	7.95q	14	
4 Vela, Grace	Washington	7.95q	3	
6 Callier, Sara	McKenzie Strider	7.96q	9	
7 Smith, Ashley	East High School	7.98q	1	
8 Vickers, Tonika	Unattached	8.01q	5	
8 Porter, Danaka	Vancouver OC	8.01q	8	
10 Legard, Terran	Central Washingt	8.04q	1	
10 Whitehead, Liza	Valley Royals TC	8.04q	11	
12 Leonhardt, Kinyatta	Seattle Pacific	8.06q	2	
13 Fell, Corri	U-British Columb	8.09	3	
13 White, Monaka	Highline CC	8.09	6	
15 van Ruyven, Michelle	Kajaks T&F	8.10	13	
15 Behrens, Melissa	W. Washington	8.10	2	
17 Moulds, LaTisha	U-Team Alaska Tr	8.11	13	
18 Bennett, Carissa	Unattached	8.16	2	
19 Kolb, Jean	Seattle Pacific	8.17	5	
20 Jenkins, Keyanna	U-Unattatched	8.18	7	
21 Cornish, Lisa	U-British Columb	8.20	5	
22 Hewitt, Cloe	British Columbia	8.22	14	
23 Poe, Nateisha	1911	8.28	11	
24 Tynan, Rachel	Central Washingt	8.29	6	
24 Olfert, Jessica	British Columbia	8.29	4	
26 Simms, Coressa	McKenzie Strider	8.30	9	
27 Ewert, Chelsea	North Salem	8.32	2	
28 Hayes, Erica	Unattached	8.33	12	
28 Payne, Antoinette	McKenzie Strider	8.33	4	
28 Durringer, Julie	Seattle Pacific	8.33	8	
31 Nygard, Kara	Central Washingt	8.34	6	

31	D'Abreau, Nicole	U-Unattatched	8.34	8
31	Miller, Katie	Unattached	8.34	3
34	Gleason, Kelsey	Seattle Pacific	8.36	10
35	Richard, Camille	Westvan TF	8.38	7
35	Quick, Susan	Seattle Track Ac	8.38	10
37	Seibel, Lauren	British Columbia	8.39	9
37	Pittman, Tiara	McKenzie Strider	8.39	2
39	Thorne, Kristina	Central Washingt	8.42	5
40	Galloway, Bonnie	Western Oregon	8.43	5
40	Kociemba, Katy	Western Oregon	8.43	13
42	Rambo, Ashley	Unattached	8.52	11
42	Parker, Kendra	Com. Cougars	8.52	14
44	Matheson, Nicole	St. Martin's Col	8.54	11
45	Schmit, Megan	Columbia River H	8.55	9
46	Johns, Adelle	Kajaks T&F	8.56	4
47	Elder, April	St. Martin's Col	8.57	6
48	Nash, Natalie	Western Oregon	8.62	12
48	Trtek, Alicia	Scappoose	8.62	4
48	Amos, Haley	Unattached	8.62	11
51	Jackson, Jennifer	Sandy HS TC	8.65	9
52	Gonzalez, Kim	Seattle Track Ac	8.66	7
53	Dixon, Stephanie	Simon Fraser	8.69	7
54	Knights, Diana	Unattached	8.72	13
55	Sonis, DeDe	Mount Hood	8.80	3
56	Romero, Tanya	Westvan TF	8.81	6
57	Boyd, Jenny	Kajaks T&F	8.82	8
58	Peralta, Eileen	Portland	8.83	1
58	Rodriquez, Joanna	McKay	8.83	8
60	Burns, Ashley	Seattle U.	8.87	12
61	Gamido, Bryanna	W. Washington	8.97	9
62	Higgins, Emily	Unattached	9.05	14
63	Cheatum, Erin	Sotg	9.06	12
64	Higgins, Jesse	Scappoose	9.12	1
65	Ubay, Jessica	North Salem	9.45	5
66	Knights, Edelza	Unattached	9.58	13
67	MacKenzie, Kim	Maple Ridge SS	9.77	14
68	Sifferman, Susan	Seattle U.	9.94	13

Women 60 Meter Dash

Name	Year Team	Finals	H#
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Finals

1	Shemi, Ena	Portland State	7.61	1
2	Palermo, Olivia	Portland State	7.78	1
3	Pierre, Patrice	Portland	7.88	1
3	Vickers, Tonika	Unattached	7.88	2
5	Taylor, Ashley	McKenzie Strider	7.92	1
6	Whitehead, Liza	Valley Royals TC	7.94	2
7	Smith, Ashley	East High School	7.96	2
8	Leonhardt, Kinyatta	Seattle Pacific	7.97	2
9	Porter, Danaka	Vancouver OC	7.98	2
10	Callier, Sara	McKenzie Strider	8.03	1

Women 200 Meter Dash

Name	Year Team	Finals	H#
1 Shemi, Ena	Portland State	25.07	1
2 Callier, Sara	McKenzie Strider	25.51	1
3 Fell, Corri	U-British Columb	25.73	2
4 Palermo, Olivia	Portland State	25.76	1
5 Legard, Terran	Central Washingt	25.98	3
5 Pugh, Ashley	Portland State	25.98	4
7 Leonhardt, Kinyatta	Seattle Pacific	26.05	4
8 Vickers, Tonika	Unattached	26.10	3
9 Porter, La Shawnda	Unattached	26.13	1
10 Smith, Monica	Western Oregon	26.49	2
11 Adams, Kayla	Simon Fraser	26.54	1
12 Hewitt, Cloe	British Columbia	26.56	5
13 Schaafsma, Janna	Seattle Pacific	26.65	6
14 van Ruyven, Michelle	Kajaks T&F	26.72	5
15 Moulds, LaTisha	U-Team Alaska Tr	26.75	2
15 Behrens, Melissa	W. Washington	26.75	7
17 Gleason, Kelsey	Seattle Pacific	26.77	5
18 Olfert, Jessica	British Columbia	26.85	10
19 Simms, Coressa	McKenzie Strider	26.86	4
20 Casey, Taryn	Valley Royals TC	26.90	2
21 Whitehead, Liza	Valley Royals TC	27.02	7
21 Kolb, Jean	Seattle Pacific	27.02	4
23 Seibel, Lauren	British Columbia	27.06	7
24 Jenkins, Keyanna	U-Unattatched	27.10	3
25 Grizzard, Brittany	Mount Hood	27.16	14
26 Kociemba, Katy	Western Oregon	27.23	9

26	Cornish, Lisa	U-British Columb	27.23	6
28	Randall, Brady	Portland State	27.25	5
29	Wong, Sally	British Columbia	27.28	4
30	McCall, Jackie	W. Washington	27.35	10
31	Ewert, Chelsea	North Salem	27.37	5
32	Schlafer, Teresa	Central Washingt	27.47	8
32	Galloway, Bonnie	Western Oregon	27.47	11
34	Holt, Kirsten	W. Washington	27.52	11
35	Evans, LeAnne	W. Washington	27.54	9
36	Hingston, Katie	Central Washingt	27.55	7
37	Rambo, Ashley	Unattached	27.58	3
38	Wiese, Kristen	Western Oregon	27.71	8
38	Richard, Camille	Westvan TF	27.71	14
40	White, Monaka	Highline CC	27.77	6
41	D'Abreau, Nicole	U-Unattatched	27.79	3
42	Hudson, Ali	Norwesters	27.81	13
43	Pittman, Tiara	McKenzie Strider	27.91	8
44	Schmit, Megan	Columbia River H	27.96	10
45	Quay, Ashley	Portland State	28.05	2
46	Quick, Susan	Seattle Track Ac	28.09	12
47	Johns, Adelle	Kajaks T&F	28.12	8
48	Odom, Megan	Clackamas CC	28.13	9
48	Tynan, Rachel	Central Washingt	28.13	8
50	Knights, Diana	Unattached	28.16	10
51	Parker, Kendra	Com. Cougars	28.23	6
52	Burr, Lakita	St. Martin's Col	28.32	12
53	Thorne, Kristina	Central Washingt	28.49	10
54	Twitchell, Morgan	Kajaks T&F	28.54	9
55	Riley, Kestle	Central Washingt	28.60	13
56	Ellison, Tiffany	Mount Hood	28.64	16
57	Bjella, Sharon	Seattle Pacific	28.72	9
58	Jackson, Jennifer	Sandy HS TC	28.95	12
59	Costa, Alison	British Columbia	29.02	6
60	Hurts, Tramaine	McKenzie Strider	29.25	11
61	Burns, Ashley	Seattle U.	29.48	14
62	Hale, Corinna	Penticton Athlet	29.76	7
63	Mangahas, Theresa	Seattle U.	29.84	13
64	Boyd, Jenny	Kajaks T&F	29.98	16
65	Cheatum, Erin	Sotg	30.05	12
66	Johnson, Jessica	North Salem	30.33	14
67	Higgins, Jesse	Scappoose	30.47	13
68	Gonzalez, Kim	Seattle Track Ac	30.72	15

68 Higgins, Emily	Unattached	30.72	13
70 Archer, Meaghan	Maple Ridge SS	30.78	15
71 Sonis, DeDe	Mount Hood	31.11	16
72 Pinto, Karina	Unattached	31.22	14
73 Knights, Edelza	Unattached	31.71	12
74 Ubay, Jessica	North Salem	32.08	16
75 English, Katie	Maple Ridge SS	32.41	15
76 Sifferman, Susan	Seattle U.	32.53	16
77 MacKenzie, Kim	Maple Ridge SS	33.53	15
78 Rodriquez, Joanna	McKay	33.55	11
79 Kostromitina, Yuliya	McKay	35.60	15

Women 400 Meter Dash

Name	Year Team	Finals	H#
1 Dunnigan, Grace	Simon Fraser	57.05	1
2 Legard, Terran	Central Washingt	57.28	1
3 Moore, Cori	Unattached	57.98	1
4 Palermo, Olivia	Portland State	59.21	2
5 Nygard, Kara	Central Washingt	59.37	3
6 Payne, Erin	South Fraser T&F	59.42	1
7 Larsen, Carrie	Pacific Lutheran	1:00.08	2
8 Pugh, Ashley	Portland State	1:00.10	6
9 Hudson, Ali	Norwesters	1:00.23	3
10 Whitehall, Samantha	Unattached	1:00.84	2
11 Durringer, Julie	Seattle Pacific	1:01.00	4
12 Gleason, Kelsey	Seattle Pacific	1:01.46	2
13 Jones, Alex	McKenzie Strider	1:01.50	3
14 Wiese, Kristen	Western Oregon	1:01.54	2
15 Nash, Natalie	Western Oregon	1:02.15	4
16 Burch, Laura	W. Washington	1:02.20	3
17 Burr, Lakita	St. Martin's Col	1:02.36	4
18 Grizzard, Brittany	Mount Hood	1:02.95	8
19 Motta, Veronica	1911	1:02.97	7
20 Fischer, Kara	W. Washington	1:03.07	3
21 Rummell, Jennie	Western Oregon	1:03.25	5
22 Webster, Ruth	W. Washington	1:03.67	5
23 Twitchell, Morgan	Kajaks T&F	1:03.68	6
24 Rohm, Breanne	Seattle Pacific	1:04.47	4
25 Ellison, Tiffany	Mount Hood	1:05.06	8
26 Hubbard, Lloryn	Seattle U.	1:05.36	6

27	Romero, Tanya	West Vancouver T	1:05.43	1
28	Riley, Kestle	Central Washingt	1:05.59	4
29	Beard, Monica	Unattatched	1:05.71	7
30	Smith, Brittany	Federal Way TC	1:05.99	5
31	Mehtala, Jaclyn	Unattached	1:06.18	7
32	Johnson, Jessica	North Salem	1:07.04	8
33	Archer, Meaghan	Maple Ridge SS	1:07.39	6
34	Hemmen, Zena	Unattached	1:07.56	5
35	Austin, Cheryl	Seattle U.	1:07.65	6
36	Driscoll, Maureen	St. Martin's Col	1:07.67	7
37	Chapa, Alma	Unattached	1:07.68	9
38	Johnson, Chandelley	Maple Ridge SS	1:11.98	7
39	Howes, Veronica	Westvan TF	1:12.37	8
40	Rodriquez, Joanna	McKay	1:12.76	9
41	Kostromitina, Yuliya	McKay	1:19.94	9
42	Keo, Sothreaska	McKay	1:21.98	9

Women 1 Mile Run

Name	Year Team	Finals
1 Kolstad, Kristen	South Fraser T&F	5:01.29
2 Chapa, Annaliese	Unattached	5:03.49
3 Wodak, Natasha	Simon Fraser	5:05.86
4 Krisnek, Bobeya	Portland State	5:06.94
5 Rohde, Kristen	Portland	5:06.95
6 Gray, Erin	Unattached	5:08.08
7 Peterson, Mandy	Portland State	5:10.37
8 Gonzalez, Isley	Sunnyside High S	5:10.61
9 Hurdle, Wendy	U. of Victoria	5:11.50
10 Macgregor, Meredith	Simon Fraser	5:13.45
11 Mancell, Heather	Coquitlam	5:13.69
12 Rice, Kathy	Portland	5:14.65
13 Kawasaki, Anne	Portland State	5:14.85
14 Anderson, Brandy	Central Washingt	5:16.19
15 Besh, Leah	U-Team Alaska Tr	5:17.77
16 Denis, Stacey	Norwesters	5:18.86
17 Mullen, Lindy	Central Washingt	5:19.91
18 Grannemann, Tess	Federal Way TC	5:25.13
19 Sabin, Elise	Portland	5:25.62
20 McDougall, Ashley	Sotg	5:26.12
21 Belt, Rachel	Unattached	5:27.50

22	Niemcziek, Whitney	Portland	5:28.58
22	Godfrey, Samantha	Unattached	5:28.58
24	Urhausen, Brooke	Unattached	5:28.70
25	Marshall, Sitges	Highline CC	5:29.31
26	Anderberg, Lisa	Unattached	5:29.53
27	Orzell, Sarah	Puget Sound	5:31.70
28	Steinbrugger, Kendra	St. Martin's Col	5:32.84
29	Hagney, Alana	Puget Sound	5:32.85
30	Beatty, Nicole	St. Martin's Col	5:33.42
31	Passi, Tiffany	Clackamas CC	5:33.79
32	Lilley, Kate	Unattached	5:37.49
33	Nelson, Kendall	Unattached	5:38.31
34	McCluskew, Meaghan	Unattached	5:42.63
35	Beeks, Connie	Scappoose	5:43.66
36	Rohrbacher, Phoebe	Seattle U.	5:44.24
37	Commeree, Ashlee	Unattached	5:44.33
38	McIvor, Laura	Unattached	5:44.63
39	Forseth, Emily	Central Washingt	5:44.95
40	Brevik, Kjirsten	Puget Sound	5:45.67
41	Bartell, Lynndsey	Clackamas CC	5:47.72
42	Poggi, Jessica	Clackamas CC	5:49.33
43	Greiner, Marley	Unattached	5:49.67
44	Dahlstrom, Samantha	Eisenhower	5:52.19
45	Bandy, Nicole	Central Washingt	6:01.86
46	Haley, Kaitlan	Maple Ridge SS	6:02.92
47	Kent, Sharon	Unattached	6:04.24
48	Garrison, Alyssa	Westvan TF	6:05.40
49	McCash, Miran	Unattached	6:20.15
50	Cox, Samatha	Clackamas CC	6:20.20
51	Blume, Katelynn	St. Martin's Col	6:20.52
52	Misenar, Ali	Unattached	6:23.10
53	Schaufler, Abby	NW Christian	6:27.68
54	Groebeck, Katherine	Unattached	7:44.69

Women 600 Meter Run

=====			
Name	Year Team	Finals	H#
=====			
1 Van Den Bulk, Jeannette	U-U. of Victoria	1:34.63	1
2 Johnstone, Rebecca	Simon Fraser	1:34.89	1
3 Welch, Lauren	British Columbia	1:36.27	1
4 Mark, Michelle	British Columbia	1:36.96	1

5	Crotty, Erin	Portland	1:37.65	1
6	Ivey, Veronica	Unattached	1:38.08	2
7	Randall, Brady	Portland State	1:38.33	2
8	Krasovska, Alexandra	Simon Fraser	1:38.34	1
9	Fell, Corri	U-British Columb	1:38.47	1
10	Elliott, Julie	Portland	1:38.85	2
11	Adams, Kayla	Simon Fraser	1:42.34	1
12	Dardis, Kylie	Unattatched	1:48.28	2
13	Parker, Kendra	Com. Cougars	1:51.11	2

Women 800 Meter Run

=====				
	Name	Year Team	Finals	H#
=====				
1	Metcalfe, Kelsey	Portland	2:14.78	1
2	Leonard, Sarah	Club Northwest	2:16.78	1
3	Bielenberg, Staci	Portland State	2:17.09	1
4	Rust, Emily	Portland	2:17.88	1
5	Kamm, Amanda	Highline CC	2:18.10	1
6	Chapa, Annaliese	Unattached	2:18.45	1
7	McCoy, Brandi	Seattle Pacific	2:19.34	2
8	Egami, Lisa	Valley Royals TC	2:19.43	1
9	Moore, Cori	Unattached	2:19.71	1
10	Fox, Chloe	Simon Fraser	2:20.13	1
11	Siebol, Breanne	Portland	2:22.45	2
12	Perkins, Victoria	Seattle Pacific	2:24.65	2
13	Ferguson, Emily	Seattle U.	2:25.16	2
14	Megale, Elise	Clackamas CC	2:26.94	2
15	Bisk, Caroline	U-St. Martin's C	2:27.17	2
16	Trutna, Leah	Western Oregon	2:27.74	3
17	Marshall, Ashley	Seattle Pacific	2:28.13	2
18	Holtzinger, Carly	Unattached	2:28.93	2
19	Kills Right, Estelle	Unattached	2:29.51	4
20	Wright, Linden	Unattached	2:30.15	3
21	Groth, Abby	Seattle Pacific	2:30.38	2
22	Lauer, Lydia	Seattle U.	2:31.85	3
23	Beatty, Nicole	St. Martin's Col	2:32.13	3
24	Steinbrugger, Kendra	St. Martin's Col	2:34.22	3
25	Dodge, Nena	Unattached	2:36.50	2
26	Stutz, Linda	Kajaks T&F	2:36.78	3
27	Dahlstrom, Samantha	Eisenhower	2:36.88	3
28	Vela, Grace	Washington	2:36.95	3

29	Miller, Katie	Unattached	2:39.35	4
30	Lukashova, Luda	Unattached	2:39.78	1
31	Polanco, Edith	McKay	2:40.42	4
32	Hulings, Lisa	Scappoose	2:43.15	4
33	Garrison, Alyssa	Westvan TF	2:43.84	4
34	Driscoll, Maureen	St. Martin's Col	2:47.61	4
35	Schaufler, Abby	NW Christian	2:49.97	4
36	Blume, Katelynn	St. Martin's Col	2:56.03	4
37	Kleinberg, Rebecca	Seattle Track Ac	3:01.08	4

Women 1000 Meter Run

Name	Year Team	Finals
1 Howard, Julia	Simon Fraser	2:51.97
2 Depol, Andrea	U. of Victoria	2:56.58
3 Fedoruk, Nancy	U. of Victoria	2:57.64
4 Burley, Leah	U. of Victoria	3:00.08
5 Boekermann, Leah	Simon Fraser	3:00.16
6 Proticova, Kristina	NW College	3:01.29
7 Burley, Heather	U. of Victoria	3:01.86
8 Elmer, Shannon	U-British Columb	3:03.68
9 Fedoruk, Karen	U. of Victoria	3:08.03
10 Geisteiter, Christine	Simon Fraser	3:19.58

Women 3000 Meter Run

Name	Year Team	Finals
1 Ashlock, Susan	Seattle Running	9:56.28
2 Goodfellow, Heather	U. of Victoria	10:11.57
3 Drennen, Katrina	Federal Way TC	10:19.74
4 Ramage, Liz	U. of Victoria	10:26.96
5 Schwartz, Andrea	Portland State	10:33.86
6 Besh, Leah	U-Team Alaska Tr	10:34.62
7 Trevellyan, Laura	W. Washington	10:35.78
8 Dickson, Karen	Seattle Pacific	10:38.28
9 Gray, Erin	Unattached	10:40.24
10 Moyer, Mallory	Portland State	10:44.20
11 Haas, Kristin	W. Washington	10:47.05
12 Lo, Natalie	U-Washington	10:47.91
13 Stimson, Tina	W. Washington	10:48.51

14	Picinich, Emily	Central Washingt	10:53.48
15	Dobson, Hillary	Puget Sound	10:58.44
16	Murphy-Hagan, Anne	Unattached	10:58.51
17	Friend, Danielle	Unattatched	11:02.63
18	Gall, Tina	U-Washington	11:06.15
19	Bailey, Rachel	Central Washingt	11:09.60
20	Green, Amber	Central Washingt	11:09.89
21	Aldinger-Gibson, Berkele	Unattached	11:21.04
22	Harbaugh, Ruth	Seattle Pacific	11:23.36
23	Isaacson, Selene	Unattached	11:26.48
24	Miller, Lexie	Federal Way TC	11:28.52
25	McCanick, Ann	St. Martin's Col	11:29.23
26	Smith, Jennifer	Western Oregon	11:32.16
27	Bartell, Leslie	Clackamas CC	11:39.67
28	Pitman, Erica	Central Washingt	11:44.24
29	Preboski, Erica	Seattle Pacific	11:49.75
30	Pineda, Cristina	Eisenhower Highs	12:02.44
31	Zimmer-Stucky, Jasmine	North Salem	12:20.57
32	Abarca, Reyna	David Douglas	12:29.90
33	Knutzen, Kari	Unattached	13:10.46

Women 60 Meter Hurdles

=====				
Name	Year	Team	Prelims	H#
=====				
Preliminaries				
1	Wong, Sally	British Columbia	8.96q	2
2	Olfert, Jessica	British Columbia	9.03q	3
3	Smith, Monica	Western Oregon	9.29q	6
4	Holt, Kirsten	W. Washington	9.30q	4
5	Rountree, Ashley	Central Washingt	9.36q	4
6	Blake, Linda	Seattle Pacific	9.38q	5
7	Campbell, Tiffany	Portland	9.42q	4
8	Callan, Nini	Western Oregon	9.46q	1
9	Miller, Katie	Unattached	9.47q	5
10	Stoffman, Zaria	Vancouver OC	9.49q	5
11	Schaafsma, Janna	Seattle Pacific	9.51q	2
12	Grossglass, Dianna	Seattle Pacific	9.57q	7
13	Johns, Adelle	Kajaks T&F	9.67	3
13	Evans, LeAnne	W. Washington	9.67	1
15	Larsen, Carrie	Pacific Lutheran	9.72	1
16	Wells, Sharelle	Unattached	9.86	7

17	Kelly, Melanie	Unattached	9.87	2
17	Gallagher, Katie	Com. Cougars	9.87	4
19	Adams, Taryn	Unattached	10.08	6
20	Bird, Jenna	Clackamas CC	10.10	3
20	Twitcheil, Morgan	Kajaks T&F	10.10	7
22	Rummell, Jennie	Western Oregon	10.11	3
23	Edwards, Brandie	Unattached	10.16	6
24	Galloway, Bonnie	Western Oregon	10.22	2
24	Bjella, Sharon	Seattle Pacific	10.22	4
26	Burns, Ashley	Seattle U.	10.26	5
27	Rugani, Ana	Puget Sound	10.33	6
28	Kikuchi, LesliAnn	Puget Sound	10.50	2
28	Bensih, Clare	Puget Sound	10.50	1
30	North, Sarah	Sotg	10.53	7
31	Randall, Brady	Portland State	10.58	6
32	Hurts, Tramaine	McKenzie Strider	10.62	6
33	McCall, Jackie	W. Washington	11.16	5
34	Smith, Jaynina	1911	11.40	4
--	Ferguson, Valerie	Western Oregon	DQ	5

Women 60 Meter Hurdles

Name	Year Team	Finals	H#
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Finals

1	Wong, Sally	British Columbia	8.99	1
2	Olfert, Jessica	British Columbia	9.01	1
3	Smith, Monica	Western Oregon	9.30	1
4	Rountree, Ashley	Central Washingt	9.38	1
5	Grossglass, Dianna	Seattle Pacific	9.43	2
6	Holt, Kirsten	W. Washington	9.45	1
7	Campbell, Tiffany	Portland	9.48	2
8	Schaafsma, Janna	Seattle Pacific	9.53	2
9	Stoffman, Zaria	Vancouver OC	9.54	2
10	Miller, Katie	Unattached	9.77	2
11	Blake, Linda	Seattle Pacific	9.83	1
12	Callan, Nini	Western Oregon	10.18	2

Women 4x400 Meter Relay

Team	Finals	H#
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1	University of British Columbia 'A'	4:02.70	1
2	Central Washington University 'A'	4:05.08	1
3	Portland State University 'A'	4:06.00	1
4	Western Washington University 'A'	4:13.65	2
5	Clackamas Community College 'B'	4:27.19	2
6	Clackamas Community College 'A'	4:28.71	2

Women Distance Medley

Team		Finals
1	South Kitsap T&F Club 'A'	13:25.93
2	Seattle University 'A'	13:31.33
3	Saint Martin's College 'A'	13:41.01

Women High Jump

Name	Year Team	Finals	
1 Sheppard, Emily	Norwesters Track	1.70m	5-07.00
2 Jaross, Stephanie	Army Rotc	1.65m	5-05.00
3 Grossglass, Dianna	Seattle Pacific	J1.65m	5-05.00
3 Quay, Ashley	Portland State	J1.65m	5-05.00
3 Gallagher, Katie	Com. Cougars	J1.65m	5-05.00
6 Fuller, Chelsey	Clackamas CC	1.55m	5-01.00
6 Hanson, McKinnon	Unattached	1.55m	5-01.00
6 Bjella, Sharon	Seattle Pacific	1.55m	5-01.00
9 Johnson, Bridget	Western Oregon	J1.55m	5-01.00
10 Kruckeberg, Amy	W. Washington	J1.55m	5-01.00
10 Stoffman, Zaria	Vancouver OC	J1.55m	5-01.00
10 Strachan, Whitney	U-British Columb	J1.55m	5-01.00
13 Odonnell, Caitie	Unattached	J1.55m	5-01.00
14 Gillespie, Kasie	Clackamas CC	1.50m	4-11.00
14 Vela, Grace	Washington	1.50m	4-11.00
14 Klein, Sarah	Unattached	1.50m	4-11.00
17 Cox, Lindsey	W. Washington	J1.50m	4-11.00
18 Witcher, Christine	Unattached	J1.50m	4-11.00
19 Schmidt, Jordan	Valley Royals TC	J1.50m	4-11.00
19 Ryen, Liz	Central Washingt	J1.50m	4-11.00
21 Grams, Hillary	Kajaks T&F	1.45m	4-09.00
22 Ferguson, Valerie	Western Oregon	J1.45m	4-09.00
22 Bensih, Clare	Puget Sound	J1.45m	4-09.00

24 Paulsen, Megan	Unattached	1.40m	4-07.00
25 Cassell, Rebekah	Unattached	1.35m	4-05.00
26 Howes, Veronica	Westvan TF	1.30m	4-03.25
-- Johns, Collette	Kajaks T&F	NH	

Women Pole Vault

Name	Year Team	Finals	
1 Marshalek, Stevie	Washington	3.75m	12-03.50
2 Erickson, Sandy	Unattached	3.60m	11-09.75
3 Juarez, Danielle	W. Washington	J3.60m	11-09.75
4 Studer, Ally	Seattle Pacific	J3.60m	11-09.75
4 Shafer, Erin	Clackamas CC	J3.60m	11-09.75
6 Swango, Mariah	U-Washington	3.45m	11-03.75
6 Hedges, Big Allie	Seattle Pacific	3.45m	11-03.75
8 Holbrook, Doria	Unattached	J3.45m	11-03.75
9 Mangahas, Theresa	Seattle U.	3.30m	10-10.00
10 Jones, Merrilee	Washington	J3.30m	10-10.00
10 Todd-Zebell, Natalie	Unattached	J3.30m	10-10.00
12 Rawkins, Kim	Victoria	J3.30m	10-10.00
13 Heaton, Katie	Puget Sound	J3.30m	10-10.00
14 York, Lindsey	Victoria	3.15m	10-04.00
14 Harris, Amy Lynn	Seattle Pacific	3.15m	10-04.00
16 Perez, Kelly	W. Washington	3.00m	9-10.00
16 Chan, Phil	Willamette Strid	3.00m	9-10.00
17 Rowe, Nicolette	Puget Sound	J3.00m	9-10.00
18 Swerzbin, Erin	Willamette Strid	J3.00m	9-10.00
19 Holt, Kirsten	W. Washington	J2.85m	9-04.25
20 Amos, Haley	U-Central Washin	2.85m	9-04.25
21 Hatfield, Carly	Victoria	J2.85m	9-04.25
22 Anderson, Monica	Unattached	J2.85m	9-04.25
24 Riser, Anna	Unattached	J2.55m	8-04.25
24 George, Emma	Kamiak HS	2.70m	8-10.25
25 Trautman, Pam	Willamette Strid	2.55m	8-04.25
26 Johnson, Rikki	Unattached	J2.55m	8-04.25
28 Hansen-Day, Kirsten	Unattached	2.40m	7-10.50
-- Sasaki, Sarah	Willamette Strid	NH	
-- Salvino, Ashley	Willamette Strid	NH	
-- Groesbeck, Amy	Washington	NH	
-- Rose, Amber	Seattle Pacific	NH	
-- Schlumpf, Alena	U-Seattle Pacifi	NH	

-- McCombie, Bridget	Unattached	NH
-- Perez, Rebecca	Unattatched	NH
-- Kunkel, Megan	Scappoose	NH

Women Long Jump

=====				
Name	Year Team	Finals		
=====				
1 Quay, Ashley	Portland State	5.45m	17-10.75	
2 Elliott, Julie	Portland	5.39m	17-08.25	
3 Gillespie, Kasie	Clackamas CC	5.29m	17-04.25	
3 Gallagher, Katie	Com. Cougars	5.29m	17-04.25	
5 Kociemba, Katy	Western Oregon	5.21m	17-01.25	
6 van Ruyven, Michelle	Kajaks T&F	5.18m	17-00.00	
7 Clark, Danae	Seattle Pacific	5.12m	16-09.75	
8 Kendall, Julie	Western Oregon	5.03m	16-06.00	
9 Daviel, Ekaterina	Kajaks T&F	4.93m	16-02.25	
10 Blake, Linda	Seattle Pacific	4.91m	16-01.50	
11 Pence, Kimberley	Unattached	4.90m	16-01.00	
12 Johnson, Bridget	Western Oregon	4.89m	16-00.50	
13 Quick, Susan	Seattle Track Ac	4.85m	15-11.00	
14 Callan, Nini	Western Oregon	4.84m	15-10.50	
15 Amos, Haley	Unattached	4.81m	15-09.50	
16 Schlafer, Teresa	Central Washingt	4.69m	15-04.75	
17 Peralta, Eileen	Portland	4.68m	15-04.25	
18 Klein, Sarah	Unattached	4.64m	15-02.75	
19 Tiger, Lea	Central Washingt	4.58m	15-00.50	
20 Robinson, Jena	Puget Sound	4.56m	14-11.50	
21 Wagner, Jessica	Central Washingt	4.50m	14-09.25	
22 Chin Aleong, Janessa	Kajaks T&F	4.49m	14-08.75	
23 Austin, Cheryl	Seattle U.	4.47m	14-08.00	
23 Paulsen, Megan	Unattached	4.47m	14-08.00	
25 Griffin, Beth	W. Washington	4.46m	14-07.75	
26 Goe, Becca	Puget Sound	4.42m	14-06.00	
27 Yeager, Kalyn	Central Washingt	4.40m	14-05.25	
28 Dixon, Stephanie	Simon Fraser	4.24m	13-11.00	
29 Mangahas, Theresa	Seattle U.	4.23m	13-10.50	
30 Evans, LeAnne	W. Washington	4.21m	13-09.75	
31 Boyd, Jenny	Kajaks T&F	4.18m	13-08.75	
32 Perez, Rebecca	Unattatched	4.11m	13-06.00	
33 Ryen, Liz	Central Washingt	3.95m	12-11.50	
34 Sifferman, Susan	Seattle U.	3.83m	12-06.75	

-- Hale, Corinna	Penticton Athlet	FOUL
-- Frame, Trisha	Portland	FOUL
-- McCall, Jackie	W. Washington	FOUL

Women Triple Jump

Name	Year Team	Finals
1 Gallagher, Katie	Com. Cougars	11.52m 37-09.50
2 Patterson, Andrea	Unattatched	11.10m 36-05.00
3 Payne, Antoinette	McKenzie Strider	10.89m 35-08.75
4 Tiger, Lea	Central Washingt	10.77m 35-04.00
5 Clark, Danae	Seattle Pacific	10.56m 34-07.75
6 Daviel, Ekaterina	Kajaks T&F	10.47m 34-04.25
7 Robinson, Jena	Puget Sound	10.33m 33-10.75
8 Grossglass, Dianna	Seattle Pacific	10.25m 33-07.50
9 Kociemba, Katy	Western Oregon	10.23m 33-06.75
10 Pence, Kimberley	Unattached	10.22m 33-06.50
11 Kendall, Julie	Western Oregon	10.11m 33-02.00
12 Griffin, Beth	W. Washington	10.10m 33-01.75
13 Goe, Becca	Puget Sound	10.02m 32-10.50
14 Bochart, Rachele	David Douglas	9.88m 32-05.00
15 Johnson, Sara	Seattle Pacific	9.83m 32-03.00
16 Chin Aleong, Janessa	Kajaks T&F	9.79m 32-01.50
17 Yeager, Kalyn	Central Washingt	9.25m 30-04.25

Women Shot Put

Name	Year Team	Finals
1 Beeman, Mary	Washington	13.29m 43-07.25
2 Lynch, Chevonna	Western Oregon	12.02m 39-05.25
3 Vandervelden, Alicia	Western Oregon	12.00m 39-04.50
4 Jacobsen, Emily	Unattached	11.90m 39-00.50
5 Smalley, Audra	Cascade College	11.64m 38-02.25
6 Jones, Taylor	Portland	11.44m 37-06.50
7 Andreeff, Tiana	Unattached	11.37m 37-03.75
8 Patterson, Mikaela	Valley Royals TC	11.22m 36-09.75
9 Radke, Kim	W. Washington	11.19m 36-08.50
10 Callan, Nini	Western Oregon	10.98m 36-00.25
11 Carlson, Tammy	W. Washington	10.96m 35-11.50
12 Sprauer, Nicole	Clackamas CC	10.72m 35-02.00

13	Wickstrom, Emily	David Douglas	10.44m	34-03.00
14	Evans, LeAnne	W. Washington	10.39m	34-01.25
15	Johnson, Bridget	Western Oregon	10.23m	33-06.75
16	Fahey, Melinda	McKay	J10.23m	33-06.75
17	Yergen, Heather	Central Washingt	10.16m	33-04.00
18	Telleria, Jessica	W. Washington	J10.16m	33-04.00
19	Boschee, Kerby	Clackamas CC	10.10m	33-01.75
20	Payne, Chelsea	Kajaks T&F	10.08m	33-01.00
21	Helmick, Autumn	North Salem	10.01m	32-10.25
22	Lindquist, Rebecca	Central Washingt	J10.01m	32-10.25
23	Fackrell, Tiffany	Central Washingt	9.98m	32-09.00
24	Mrdeza, Stephanie	Com. Cougars	9.82m	32-02.75
25	Frame, Trisha	Portland	9.72m	31-10.75
26	Ellison, Tiffany	Mount Hood	9.37m	30-09.00
27	Sonis, DeDe	Mount Hood	9.36m	30-08.50
28	Blake, Linda	Seattle Pacific	9.35m	30-08.25
29	Gallagher, Sarah	Com. Cougars	9.26m	30-04.75
30	VanOeveren, Ashley	W. Washington	8.80m	28-10.50
31	Vela, Grace	Washington	8.50m	27-10.75
32	Elliott, Julie	Portland	8.49m	27-10.25
33	Kiang, Aimee	David Douglas	7.57m	24-10.00
34	Walker, Amber	David Douglas	6.92m	22-08.50
35	Haines, Ashley	North Salem	6.21m	20-04.50

Women Weight Throw

Name	Year Team	Finals	
1	Seymour, Caltha	Club Sisu Throws	17.03m 55-10.50
2	Hepler, Kristin	Western Oregon	16.89m 55-05.00
3	Oswald, Audery	Portland State	15.58m 51-01.50
4	Padrinao, Jennifer	Simon Fraser	15.52m 50-11.00
5	Trygg, Carin	Washington	13.56m 44-06.00
6	Sprauer, Nicole	Clackamas CC	13.03m 42-09.00
7	Kooy, Lauren	Seattle Pacific	12.93m 42-05.25
8	McDowell, Christin	Central Washingt	12.69m 41-07.75
9	MacCully, Kristina	W. Washington	12.63m 41-05.25
10	Radke, Kim	W. Washington	12.09m 39-08.00
11	Lynch, Chevonna	Western Oregon	11.95m 39-02.50
12	Urrutia, Jennifer	Seattle Pacific	11.42m 37-05.75
13	Boschee, Kerby	Clackamas CC	11.15m 36-07.00
14	Telleria, Jessica	W. Washington	10.93m 35-10.50

15	Andreeff, Tiana	Unattached	10.92m	35-10.00
16	Vandervelden, Alicia	Western Oregon	10.89m	35-08.75
17	Johnson, Sara	Seattle Pacific	10.64m	34-11.00
18	Bocian, Shirley	U-Washington	10.58m	34-08.50
19	Carlson, Tammy	W. Washington	10.27m	33-08.50
20	Robinson-Spaulding, Gabr	Seattle Pacific	9.75m	32-00.00
21	Rockwell, Cortney	St. Martin's Col	7.14m	23-05.25
22	Washington, Danika	U-St. Martin's C	6.08m	19-11.50
23	Rogers, CoCo	St. Martin's Col	5.34m	17-06.25
--	Cederberg, Jaci	Western Oregon	FOUL	
--	Rosette, Cassie	Portland State	FOUL	

Men 60 Meter Dash

Name	Year Team	Prelims	H#
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Preliminaries

1	Cheng, Victor	Sotg	6.93q	5
2	Young, Lewis	Unattached	7.10q	3
3	Mackins, Kenneth	Portland State	7.11q	12
4	Young, Jason	Unattached	7.12q	9
5	Halcro, Joel	U-British Columb	7.14q	15
6	Neff, Adam	W. Washington	7.16q	5
7	Dahl, Eric	Unattached	7.18q	10
7	Thompson, Ira	British Columbia	7.18q	21
7	Coleman, Greg	Western Oregon	7.18q	18
10	Kaeka, Eddy	W. Washington	7.20q	14
11	Gossa, Jeremy	U-British Columb	7.22q	9
11	Huggins, Matt	Unattached	7.22q	18
13	Lewman, Jeremiah	Unattached	7.23	19
14	Keith, Steve	Unattached	7.24	11
14	Petz, Jacob	W. Washington	7.24	5
14	Bresnahan, Sean	Western Oregon	7.24	17
17	Peterson, Alfonso	Unattached	7.25	4
17	Ingrao, Nathan	Sandy HS TC	7.25	10
19	Guthie, Terry	U-Washington	7.26	11
19	Flynn, Josias	Portland State	7.26	16
21	Coutard, Fabien	Central Washingt	7.27	19
22	Birtwistle, Mikal	Unattached	7.28	12
22	Dickson, Kevin	U-Unattatched	7.28	9
24	Johnson, Javon	Cascade College	7.29	4
24	Lawrence, Justin	Central Washingt	7.29	13

26 Williams, Chris	British Columbia	7.30	6
26 Khabibulin, Mike	Unattatched	7.30	13
28 McClung, Chris	W. Washington	7.31	6
29 Tseng, Pablo	U-British Columb	7.32	8
29 Bruce, Brandon	Mount Hood	7.32	9
31 Jones, Joshua	Unattached	7.36	16
32 Cherry, Jarel	St. Martin's Col	7.37	6
32 Averill, Mike	British Columbia	7.37	7
32 West, Jay	Unattached	7.37	14
35 Punjani, Faruk	Seattle U.	7.38	21
35 McGinnis, Corey	Unattached	7.38	20
37 williams, curran	McKenzie Strider	7.39	12
38 Jones, Reggie	Unattached	7.40	15
39 Markiewicz, Graham	Independant	7.44	15
40 Watson, Cresap	Central Washingt	7.45	17
40 Rhode, Matt	W. Washington	7.45	9
40 Thompsen, Dan	W. Washington	7.45	13
43 Keunzi, Ben	McKay	7.46	8
44 Glover, Travis	Highline CC	7.47	20
45 Cheema, Alamjeet	Vancouver OC	7.48	6
45 Nguyen, Nick	W. Washington	7.48	19
47 Brown, Jesse	McKenzie Strider	7.49	1
48 Cangany, Peter	Track Central	7.51	18
49 Davis, Ajamu	Highline CC	7.52	20
50 Kan, Heston	U-British Columb	7.53	17
51 Bennett, Phillip	Unattached	7.55	4
52 Allen, Adryan	North Salem	7.56	12
53 Murray, Leo	Kajaks T&F	7.59	11
53 Dickson, Tom	Valley Royals TC	7.59	7
53 Feakin, Jake	Scappoose	7.59	5
53 Tran, Peter	David Douglas	7.59	4
57 Cagna, Paul	U-British Columb	7.60	2
58 Muehleck, Andrew	Scappoose	7.61	8
59 Pienovi, Levi	Sandy HS TC	7.63	20
59 Brown, Mike	McKay	7.63	10
61 Samuel, Cole	David Douglas	7.64	7
62 Brown, Garrett	Seattle U.	7.66	4
63 Binder, Karl	U-Simon Fraser	7.68	7
63 Hopley, Ryan	Barron Park Stri	7.68	3
65 Lukenbaugh, Scott	Portland	7.69	4
66 Roberts, Danny	McKay	7.70	16
66 Kirchner, Brenden	McKay	7.70	15

66	Humphries, John Eric	U-Team Alaska Tr	7.70	2
66	Brito, Derrick	Unattached	7.70	1
66	Luft, Johnathan	Canby HS	7.70	15
71	Wilson, Michael	Seattle Track Ac	7.71	2
72	Semperboni, Nick	Unattached	7.72	9
73	Irving, Marcus	ShortDog	7.74	16
74	Rapaglia, Tony	U-St. Martin's C	7.77	15
75	Orr, Kevin	Warner Pacific	7.78	19
75	Leverich, Jeremy	Unattatched	7.78	13
77	Stein, Dylan	Westvan TF	7.79	8
78	Page, Willie	North Salem	7.82	10
79	Ma, Hadley	Unattatched	7.84	12
79	Van Eekelen, Arjan	British Columbia	7.84	11
79	Clapson, Mike	U-British Columb	7.84	12
82	Tsai, Albert	Westvan TF	7.87	13
83	Sather, Aaron	Highline CC	7.89	7
84	Habu, Jarrett	Unattached	7.91	17
85	McDaniel, Terrell	North Salem	7.98	5
86	Dordea, Stephan	Parkrose	8.06	7
87	Dempsey, Keith	Parkrose	8.07	6
88	Liang, Alex	Unattached	8.08	19
89	Randall, Ben	U-British Columb	8.15	14
90	Akenhead, Matthew	Maple Ridge SS	8.27	19
91	Panozzo, Dave	Maple Ridge SS	8.36	18
92	Albertson, Andrew	St. Martin's Col	8.52	20
93	Kirchner, Ben	McKay	8.54	16
94	Lambrecht, Matt	St. Martin's Col	8.86	2
95	Freeman, Matthew	Seattle Track Ac	9.06	17
--	Simpson, Ivy	McKenzie Strider	DQ	18

Men 60 Meter Dash

Name	Year Team	Finals	H#
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Finals

1	Cheng, Victor	Sotg	6.93	1
2	Mackins, Kenneth	Portland State	7.02	1
3	Halcro, Joel	U-British Columb	7.04	1
4	Young, Jason	Unattached	7.09	1
5	Thompson, Ira	British Columbia	7.11	2
6	Neff, Adam	W. Washington	7.15	1
7	Gossa, Jeremy	U-British Columb	7.16	2

8	Coleman, Greg	Western Oregon	7.17	2
9	Dahl, Eric	Unattached	7.20	2
10	Huggins, Matt	Unattached	7.22	2
11	Kaeka, Eddy	W. Washington	7.30	2

Men 200 Meter Dash

=====				
	Name	Year Team	Finals	H#
=====				
1	Fredrick, Issac	Western Oregon	22.09	1
2	Jenkins, Melvin	Highline CC	22.25	2
3	McLellan, Iain	Coquitlam	22.47	1
4	Halcro, Joel	U-British Columb	22.49	2
5	Harcourt, Alex	Highline CC	22.50	4
6	Thompson, Ira	British Columbia	22.51	4
7	Guthie, Terry	U-Washington	22.73	1
8	Mclemore, Jezus	U-Highline CC	22.79	2
9	Flynn, Josias	Portland State	22.83	5
10	Williams, Chris	British Columbia	22.88	3
11	Cheng, Victor	Sotg	22.92	3
12	Birtwistle, Mikal	Unattached	22.93	4
12	Keith, Steve	Unattached	22.93	8
14	Bruce, Brandon	Mount Hood	23.08	16
15	Peterson, Alfonso	Unattached	23.09	1
16	McClung, Chris	W. Washington	23.20	7
17	Mackins, Kenneth	Portland State	23.22	2
18	Freeman, Josh	W. Washington	23.23	8
19	Cherry, Jarel	St. Martin's Col	23.25	6
20	Jenkins, Mike	Clackamas CC	23.26	7
21	Wlodarczak, Charles	Simon Fraser	23.27	3
22	Ingrao, Nathan	Sandy HS TC	23.28	1
23	Khabibulin, Mike	Unattatched	23.29	4
24	Fontenot, Carlos	Unattached	23.30	3
25	Lewman, Jeremiah	Unattached	23.36	4
26	Watson, Cresap	Central Washingt	23.39	12
27	Eslinger, Colby	Western Oregon	23.44	11
28	Armstead, Jeramiah	Highline CC	23.48	6
28	Foyston, Jacob	Highline CC	23.48	8
30	Coleman, Greg	Western Oregon	23.51	10
31	West, Jay	Unattached	23.55	3
32	Sweeny, Brian	W. Washington	23.61	11
33	McGinnis, Corey	Unattached	23.63	6

34	Kelley, Mike	Central Washingt	23.64	9
34	Brown, Jesse	McKenzie Strider	23.64	8
36	Glover, Travis	Highline CC	23.74	5
37	Petz, Jacob	W. Washington	23.75	11
38	Punjani, Faruk	Seattle U.	23.78	9
39	Huggins, Matt	Unattached	23.89	12
40	Los, Ryan	W. Washington	23.90	6
40	Foyston, Jershon	U-Highline CC	23.90	7
42	Loreth, KJ	Seattle U.	24.00	5
43	Gerry, Bryan	U-St. Martin's C	24.05	13
44	Simpson, Ivy	McKenzie Strider	24.12	7
45	Allen, Adryan	North Salem	24.16	19
46	Brown, Mike	McKay	24.21	10
47	Cagna, Paul	U-British Columb	24.26	10
48	Bennett, Phillip	Unattached	24.35	15
49	Tran, Peter	David Douglas	24.40	15
50	Cramer, Eric	Columbia River H	24.50	11
51	Price, Scott	Portland State	24.53	14
52	Kan, Heston	U-British Columb	24.56	13
53	Mohoric, Tyler	St. Martin's Col	24.64	12
54	Roberts, Danny	McKay	24.65	2
54	Clapson, Mike	U-British Columb	24.65	14
56	Kirchner, Brenden	McKay	24.69	5
57	Flowers, Greg	Seattle Pacific	24.74	9
58	Humphries, John Eric	U-Team Alaska Tr	24.84	12
58	Timmer, Josh	St. Martin's Col	24.84	14
60	Semperboni, Nick	Unattached	24.94	13
61	Hopt, Brett	North Salem	24.95	16
62	Gold, Joshua	Unattached	24.97	15
63	Stein, Dylan	Westvan TF	25.01	17
64	Hammonds, Eric	Warner Pacific	25.05	9
65	Randall, Derrick	British Columbia	25.07	10
66	Bernard, John	McKenzie Strider	25.11	5
67	Page, Willie	North Salem	25.16	19
68	Lambrecht, Matt	St. Martin's Col	25.17	15
69	Gonzales, Miguel	McKay	25.20	9
70	Lukenbaugh, Scott	Portland	25.23	8
71	Pienovi, Levi	Sandy HS TC	25.26	11
72	Rapaglia, Tony	U-St. Martin's C	25.31	14
73	Luft, Johnathan	Canby HS	25.37	14
74	Daechsel, Aaron	Penticton Athlet	25.44	12
75	Wilson, Michael	Seattle Track Ac	25.54	17

76	Leverich, Jeremy	Unattatched	25.60	16
77	Tsai, Albert	Westvan TF	25.66	19
78	Williams, Justin	Unattached	25.73	16
79	Barnes, James	Kajaks T&F	26.08	16
80	Grouse, Christopher	Unattached	26.91	18
81	Kirchner, Ben	McKay	27.28	19
82	Albertson, Andrew	St. Martin's Col	27.58	18
83	Noble, Narvi	McKenzie Strider	28.13	18
84	Freeman, Matthew	Seattle Track Ac	31.21	19

Men 400 Meter Dash

=====				
	Name	Year Team	Finals	H#
=====				
1	Chaney, Ryan	Team XO	47.90	1
2	Jenkins, Melvin	Highline CC	48.17	1
3	McLellan, Iain	Coquitlam	48.57	1
4	Fredrick, Issac	Western Oregon	48.59	1
5	Mason, Tim	Simon Fraser	48.85	2
6	Drapula, Rob	Simon Fraser	48.92	2
7	Smith, Cody	Simon Fraser	49.48	2
8	Mclemore, Jezus	U-Highline CC	50.27	2
9	anderson, nate	McKenzie Strider	50.29	4
10	Boyd, Pat	1911	50.34	4
11	Rollinger, Trevor	Unattached	50.75	6
12	Haddon, Craig	Simon Fraser	50.76	3
13	Sirmans, Jerome	Highline CC	51.02	2
14	West, Jay	Unattached	51.12	3
15	Miller, Paul	Portland State	51.31	5
16	Sweeny, Brian	W. Washington	51.45	7
17	Johnson, Reggie	Clackamas CC	51.62	5
18	Wlodarczak, Charles	Simon Fraser	51.65	3
19	Larimer, Dan	Seattle Pacific	51.70	6
20	Los, Ryan	W. Washington	51.74	5
21	Fontenot, Carlos	Unattached	51.77	3
22	Blaine, Matt	Seattle U.	51.82	4
23	Hobbs, Sam	Western Oregon	52.00	7
24	Morrison, Mike	Central Washingt	52.01	7
25	Schofield, Jimmy	Unattached	52.05	8
26	McClung, Chris	W. Washington	52.27	11
27	Kelcy, Micah	Seattle Pacific	52.50	6
28	Mohoric, Tyler	St. Martin's Col	52.55	8

29	Ganong, Matt	Oak Bay Secondar	52.57	11
30	Coutard, Fabien	Central Washingt	52.62	9
31	Samuel, Cole	David Douglas	52.71	7
32	Volz, Matt	Highline CC	52.74	11
33	Radel, Jason	Seattle Pacific	52.77	6
34	Ingrao, Nathan	Sandy HS TC	52.83	4
35	Humphries, John Eric	U-Team Alaska Tr	52.91	9
36	williams, curran	McKenzie Strider	52.98	9
37	Goulet, Adam	Unattached	53.06	5
38	Price, Scott	Portland State	53.08	6
39	Punjani, Faruk	Seattle U.	53.16	12
40	Lemon, Scott	Western Oregon	53.18	8
41	Kamm, Jeff	Jeff Kamm	53.37	4
42	Richards, Ryan	Clackamas CC	53.67	10
43	Gold, Joshua	Unattached	53.69	7
44	Flowers, Greg	Seattle Pacific	53.73	10
45	Perez, Mike	David Douglas	53.82	12
46	Binion, Garrett	Unattached	54.15	11
47	Gerry, Bryan	U-St. Martin's C	54.18	12
48	Wall, John	Cascade College	54.21	9
49	Reeves, Tim	Seattle Pacific	54.30	8
50	Dziddzic, Justin	Valley Royals TC	54.44	13
51	Lynch, Russ	Unattached	54.54	13
52	Semperboni, Nick	Unattached	54.63	13
53	Cramer, Eric	Columbia River H	54.68	10
54	Behl, Andrew	W. Washington	55.50	12
55	Daechsel, Aaron	Penticton Athlet	55.65	12
56	Smith, Kyle	Unattached	55.70	14
57	Markiewicz, Graham	Independant	56.01	10
57	Hopt, Brett	North Salem	56.01	16
59	Kirchner, Brenden	McKay	56.26	9
60	Chaney, Michael	Unattached	56.43	13
61	Gately, Jon	Puget Sound	57.07	14
62	Williams, Justin	Unattached	57.32	16
63	Dumm, Ryan	Puget Sound	57.52	11
64	Luft, Johnathan	Canby HS	57.60	14
65	Barnes, James	Kajaks T&F	57.98	16
66	Ritualo, Angelo	Unattached	58.15	5
67	Osmond, Garry	Unattached	58.72	14
68	Stein, Dylan	Westvan TF	59.50	15
69	Grouse, Christopher	Unattached	1:00.33	15
70	Carlson, Matt	Oly	1:01.69	16

71 Liang, Alex	Unattached	1:02.69	15
72 Kirchner, Ben	McKay	1:03.36	15
73 Noble, Narvi	McKenzie Strider	1:03.51	14
-- Merrell, Mike	Unattached	DQ	16

Men 1 Mile Run

Name	Year Team	Finals
1 Roulston, David	British Columbia	4:14.37
2 McKenzie, Chuck	Portland	4:14.78
3 Carlson, Nathan	St. Martin's Col	4:16.07
4 Viviani, Will	Team Eugene	4:16.09
5 Kellogg, Casey	Eastern	4:16.50
6 Prosser, Hayden	Simon Fraser	4:17.97
7 Weber, Ryan	Simon Fraser	4:18.18
8 Brancheau, Brian	Club Northwest	4:18.47
9 Demmings, Adam	Seta	4:18.72
10 Eagon, Stuart	Unattached	4:20.02
11 Garlatz, TJ	Club Northwest	4:20.75
12 LeCount, Tim	Seattle Pacific	4:23.70
13 Gies, Donald	Jenks America	4:25.80
14 Robinson, Andrew	Washington	4:25.88
15 Baranyi, Robbie	Cadets	4:28.22
16 Loftus, Justin	Unattached	4:28.48
17 Pankiewicz, Mike	Central Washingt	4:29.08
18 McNamara, Jordan	Unattached	4:29.34
19 Goiney, Chris	U-Washington	4:30.30
20 Jacobson, Chris	Portland	4:30.55
21 Jasso, Fillipie	Western Oregon	4:30.56
22 Cronrath, Brian	Unattached	4:30.69
23 Weber, Ashley	Norwesters	4:30.88
24 Keigher, Brian	Valley Royals TC	4:31.32
25 Helm, Shaun	Federal Way TC	4:31.80
26 Clough, Josh	Unattached	4:32.98
27 Amy, Nolan	Unattached	4:33.23
28 Dols, Michael	Unattached	4:33.29
29 Carpenter, Chris	St. Martin's Col	4:33.74
30 Scott, Tyler	Unattached	4:35.64
31 Stoutenburgh, Isaac	Unattached	4:36.04
32 Chavez, Chuy	Unattached	4:36.71
33 Ahrari, Medi	U-Simon Fraser	4:36.82

34	Hanlin, Trevor	Unattached	4:36.84
35	Spady, Kelly	Unattached	4:36.94
36	Bjella, Clint	Seattle Pacific	4:37.00
36	Bostrom, Bjorn	Seattle Pacific	4:37.00
38	Kirn, Graham	Unattatched	4:37.48
39	Fulton, Leland	Unattached	4:37.59
40	Norton, Brandon	Federal Way TC	4:41.53
41	Haugen, Andy	Scappoose	4:42.55
42	Blanshan, Evan	Unattached	4:43.06
43	Roach, James	Highline CC	4:43.44
44	Sundquist, James	Unattached	4:44.14
45	Elder, Kevin	Scappoose	4:44.75
46	Franck, Richard	Seattle U.	4:44.80
47	Welch, Nick	Lakeside	4:46.16
48	Palma, Victor	Unattached	4:47.30
49	Simmons, Derek	Unattached	4:47.40
50	Libecap, Chris	Puget Sound	4:47.41
51	Obluck, Tris	St. Martin's Col	4:47.66
52	Bergman, Isak	Unattached	4:48.23
53	Clegg, Kyle	Norwesters	4:49.88
54	Terzenbach, John	Unattached	4:50.28
55	Hunt, Skyler	Highline CC	4:50.91
56	Reavis, Brandon	Unattached	4:51.45
57	Phillips, Ryan	Seattle Pacific	4:52.19
58	Dallaire, Greggery	Unattached	4:53.71
59	Shepherd, Chris	Oly	4:54.09
60	Pruden, Russ	Unattached	4:55.85
61	Han, Yi	U-British Columb	4:57.24
62	Sherman, Kyle	Unattached	5:00.46
63	Roady, Tim	David Douglas	5:00.98
64	Wojcik, Konrad	Unattached	5:03.02
65	Bjella, Keith	Unattached	5:03.39
66	Morales, Santiago	McKay	5:03.83
67	Norman, Tim	Sotg	5:05.20
68	Jackson, Levi	Unattached	5:06.75
69	Oberholser, Kevin	Unattached	5:08.94
70	Ayers, Scott	Oly	5:10.55
71	Anderberg, Mike	Unattached	5:11.90
72	Wenker, Luke	Scappoose	5:18.69
73	Snider, Brent	Highline CC	5:22.84
74	Petersen, Shaun	Unattached	5:34.58
75	Aaronson, Daniel	Unattatched	5:39.61

76	Pessel, Jacob	Sandy HS TC	5:40.36
77	Buel, Jon	Unattached	5:40.68
78	McDaniel, Josh	NW Christian	6:48.54

Men 600 Meter Run

	Name	Year Team	Finals	H#
1	Pitches, Graeme	Simon Fraser	1:20.52	1
2	Henderson, Josh	U. of Victoria	1:20.81	1
3	Shimmell, Jordan	Simon Fraser	1:22.10	1
4	Babiuk, Craig	U. of Victoria	1:22.34	1
5	Cooper, Jonathan	British Columbia	1:22.90	1
6	Randall, Derrick	British Columbia	1:23.79	2
7	Kineshenko, Tom	Simon Fraser	1:24.00	1
8	Stupnitskiy, Anton	Warner Pacific	1:24.82	2
9	Ault, Steven	Portland	1:25.10	1
10	Singsaas, Josh	Portland	1:28.24	2
11	Baouya, Daniel	Unattatched	1:30.26	2
12	Merrell, Mike	Unattached	1:35.33	2

Men 800 Meter Run

	Name	Year Team	Finals
1	Neugebauer, Andrew	Nike Farm Team	1:48.34
2	Hoff, Joel	Portland State	1:54.84
3	McClary, Andrew	Unattached	1:55.09
4	Hemlock, Clay	Highline CC	1:55.15
5	Lopez, Brandon	Portland State	1:55.27
6	Easton, Curtis	Washington	1:55.49
7	Garich, Evan	Portland State	1:55.73
8	Dickson, Mike	Highline CC	1:56.82
9	Swift, Cameron	Simon Fraser	1:57.25
10	Knackstedt, Scott	Portland	1:57.48
11	Green, Brandon	U-U. of Victoria	1:57.56
12	Hargrave, Brett	Portland	1:57.79
13	Williams, Andrae	Western Oregon	1:58.10
14	Gavareski, Mike	Seattle Pacific	1:58.13
15	Connors, Robert	U. of Victoria	1:58.42
16	Dols, Nicholas	Seattle U.	1:58.95
17	Brandt, Justin	Unattached	1:59.31

18	Burgess, Jacob	U. of Victoria	1:59.88
19	Banker, Troy	Western Oregon	2:00.32
20	Vredenburg, Josh	Clackamas CC	2:00.46
21	romero-clark, martin	McKenzie Strider	2:00.52
22	Woods, Seth	St. Martin's Col	2:01.05
23	Bush, Jason	Central Washingt	2:01.42
24	Cocker, Tyler	U. of Victoria	2:01.51
25	Yi, Jun	Unattached	2:02.31
26	Davidson, Micheal	U. of Victoria	2:02.37
27	Taylor, Nick	McKay	2:02.71
28	Means, Johnny	Timberhill Harri	2:02.73
29	Atkinson, Craig	Unattached	2:03.76
30	Rhein, Tony	McKay	2:03.83
31	Lampi, Benjamin	Unattached	2:04.06
32	Poole, Kevin	Cascade College	2:04.32
33	Carpenter, Chris	St. Martin's Col	2:04.80
34	Johnson, Kenny	Unattached	2:04.81
35	Hanlin, Trevor	Unattached	2:04.97
35	Joseph, Reuben	Seattle U.	2:04.97
37	Wooton, Allen	U. of Victoria	2:05.22
37	Dols, Michael	Unattached	2:05.22
39	Stover, Christopher	Unattached	2:06.31
40	Timmer, Caleb	St. Martin's Col	2:06.61
41	Wilbur, Robbie	St. Martin's Col	2:06.84
42	U'Ren, Ben	Puget Sound	2:07.24
43	Clough, Josh	Unattached	2:07.27
44	Stuart, Tyson	Unattached	2:07.98
45	Vanni, Matt	Puget Sound	2:08.04
46	Saxe, Brian	Scappoose	2:09.08
47	Silvernale, Chris	Seta	2:09.24
48	Kinder, Dayne	U-Central Washin	2:09.25
49	Cruz, Osirus	Cardinals	2:09.34
50	Morales, Santiago	McKay	2:10.36
51	Cobb, Joshua	Unattached	2:10.86
52	Binion, Garrett	Unattached	2:11.08
53	Clegg, Kyle	Norwesters	2:11.42
54	Lee, Andrew	Kajaks T&F	2:11.95
55	Rakel, Doug	Unattached	2:12.02
56	Bannan, Sean	Unattached	2:12.11
57	Shepherd, Chris	Oly	2:12.45
58	Obluck, Tris	St. Martin's Col	2:12.60
59	Burdo, Bryan	Club Northwest	2:13.18

60	Miller, Cameron	British Columbia	2:13.88
61	Akenhead, Matthew	Maple Ridge SS	2:14.82
62	Corbriege, Jason	Unattached	2:15.12
63	Hickenbottom, Steven	Independant	2:15.77
64	Sherman, Kyle	Unattached	2:17.24
65	Mueller, Matt	Norwesters	2:19.04
66	Ayers, Scott	Oly	2:23.15
67	Martin, Christopher	NW Christian	2:28.48
68	Usher, Chris	Oak Bay Secondar	2:29.82
69	Culver, Will	Unattached	2:38.81
70	Madrigal, Chon	North Salem	2:41.00
71	McDaniel, Josh	NW Christian	3:02.93

Men 1000 Meter Run

Name	Year Team	Finals
1 Ellingson, Stig	Washington	2:29.22
2 Kennedy, Scott	U. of Victoria	2:29.56
3 Appel, Nate	Portland	2:29.78
4 Saqui, Glenn	U. of Victoria	2:29.97
5 Liebowitz, David	Rocky Mountain A	2:30.30
6 Freeman, Tim	Washington	2:33.02
7 Madden, Bill	Portland	2:38.20
8 Blaty, Doug	Washington	2:53.45

Men 3000 Meter Run

Name	Year Team	Finals
1 Sheeks, Matt	Portland	8:23.61
2 Devenport, Mike	Portland State	8:25.57
3 Driscoll, Jeff	U-Portland	8:27.55
4 Flanders, Blake	Portland State	8:29.00
5 Kimball, Will	U-Team Alaska Tr	8:31.60
6 Ross, Jerome	U-Team Alaska Tr	8:32.89
7 Gorder, Andrew	Portland	8:37.45
8 Mangrum, Ben	Team XO	8:38.12
9 Findlay, Eric	U. of Victoria	8:38.52
10 Hollis, Chris	Portland State	8:38.66
11 Murenbeeld, Steven	U-U. of Victoria	8:39.51
12 Prince, Frank	Puget Sound	8:41.07

13	Schaefer, Steve	U-Portland	8:43.50
14	Malin, Jason	U-Simon Fraser	8:44.86
15	Manos, Steve	Seattle U.	8:50.75
16	Ogwel, Mike	Unattached	8:51.87
17	Bromka, Alec	Unattached	8:54.85
18	Marpole-Bird, Justin	British Columbia	8:55.14
19	Schwoebel, Mike	Portland State	8:55.48
20	Fuller, Andrew	Unattached	8:55.56
21	Triggs, Alan	Club Northwest	8:56.20
22	Mangan, Sean	U. of Victoria	8:56.86
23	Zimmer, John	Portland	8:56.92
24	Gant, Dylan	Unattached	8:57.47
25	Pollard, Dan	Puget Sound	8:58.27
26	Godfrey, CJ	Unattached	9:00.19
27	DeJeong, Simon	U-U. of Victoria	9:00.91
28	Brancheau, Sam	W. Washington	9:01.51
29	Porter, Jason	Central Washingt	9:03.57
30	Reichert, Kota	Puget Sound	9:05.27
31	Wedam, Brandon	Portland	9:07.64
32	Clancy, Todd	Unattached	9:07.92
33	Hughes, Michael	Seattle U.	9:09.51
34	Frazier, Josh	Highline CC	9:10.12
35	Chavez, Chuy	Unattached	9:10.35
36	Anderson, Kyle	Unattatched	9:10.80
37	Lehman, JT	Portland	9:11.70
38	Scotchmer, Sam	Central Washingt	9:11.94
39	Badley, Tim	Unattached	9:12.28
40	Gudmundsson, Stefan	Iceland	9:13.00
41	Moore, Dustin	Unattached	9:14.67
42	Haugen, Michael	Portland	9:14.95
43	Wilson, Sean	Portland	9:15.76
44	Spady, Kelly	Unattached	9:16.26
45	Chestnut, Brendan	Unattached	9:16.45
46	Larpentuer, David	Highline CC	9:16.58
47	Vanderoef, Craig	Brooks	9:22.50
48	Swarthout, Jordan	Unattached	9:23.34
49	Colver, Justin	Unattatched	9:23.49
50	Bottom, Andrew	Unattached	9:23.76
51	Bartholomew, Robert	Highline CC	9:27.21
52	Horton, Ryan	Sherwood High Sc	9:30.45
53	Zelenak, Kevin	Unattached	9:39.53
54	Bowman, Sam	British Columbia	9:40.11

55	Peterman, Matt	Canby high	9:41.43
56	Sweeney, John	Unattached	9:43.67
57	Rosser, James	Seattle Pacific	9:44.74
58	Stewart, Will	Oak Bay Secondar	9:46.18
59	O'Connor, Lee	Seattle Pacific	9:46.34
60	Dominguez, Alejandro	On Eagle's Wings	9:48.42
61	Labelle, Myke	Penticton Athlet	9:50.27
62	Carpenter, Victor	St. Martin's Col	9:55.78
63	Ollis, Ryan	Norwesters	10:00.34
64	Goff, Adam	NW Christian	10:10.20
65	Adair, Mike	Norwesters	10:11.20
66	Farrell, Kris	Highline CC	10:11.50
67	Vawter, Zac	St. Martin's Col	10:23.88
68	Smargiassi, Mike	Highline CC	10:24.19
69	Carmichael, Eric	Oak Bay Secondar	11:10.18
70	Segerstrom, David	Highline CC	11:17.98
71	Beeken, Alex	North Salem	12:12.56
--	Butkey, John	Clackamas CC	DNF

Men 5000 Meter Run

Name	Year Team	Finals
1 Johnson, Destry	Team XO	15:50.17
2 Schmitt, Matt	Central Washingt	16:31.85

Men 60 Meter Hurdles

Name	Year Team	Prelims	H#
Preliminaries			
1 Clarke, Tyler	Unattached	8.33q	6
2 Foyston, Jacob	Highline CC	8.51q	3
3 Hobbs, Sam	Western Oregon	8.56q	1
4 Bidleman, Blake	Washington	8.57q	3
5 Freeman, Josh	W. Washington	8.58q	1
6 Morrison, Mike	Central Washingt	8.62q	2
7 Sexton, Troy	Clackamas CC	8.65q	4
8 Anderson, Nate	Western Oregon	8.70q	2
9 Komar, Jay	Unattached	8.73q	5
10 Lewman, Jeremiah	Unattached	8.74q	5
11 Foyston, Jershon	U-Highline CC	8.76q	4

12	Nhoksayakham, Tommy	Track Central	8.79q	5
13	Giordano, Jesse	Washington	8.82	2
14	Brown, Mike	McKay	8.89	5
15	Clarkson, Lee	Western Oregon	8.94	4
16	McMahon, Colin	Western Oregon	9.03	1
17	Randolph, Chris	Seattle Pacific	9.04	2
18	Dumm, Ryan	Puget Sound	9.25	3
19	Timmer, Josh	St. Martin's Col	9.27	4
20	McCoy, Matt	Scappoose	9.32	6
21	Jenkins, Mike	Clackamas CC	9.36	1
22	Radel, Jason	Seattle Pacific	9.47	2
23	Ewing, Luke	Western Oregon	9.48	2
24	Larimer, Dan	Seattle Pacific	9.52	3
25	Hammonds, Eric	Warner Pacific	9.54	1
26	McIntyre, Joel	Unattached	9.78	6
27	Brito, Derrick	Unattached	9.79	6
28	Hardersen, Justin	Independant	11.28	3

Men 60 Meter Hurdles

=====				
	Name	Year Team	Finals	H#
=====				
Finals				
1	Foyston, Jacob	Highline CC	8.55	1
2	Anderson, Nate	Western Oregon	8.59	2
2	Freeman, Josh	W. Washington	8.59	1
4	Sexton, Troy	Clackamas CC	8.62	1
5	Bidleman, Blake	Washington	8.64	1
6	Hobbs, Sam	Western Oregon	J8.64	1
7	Morrison, Mike	Central Washingt	8.69	1
8	Foyston, Jershon	U-Highline CC	8.82	2
9	Clarkson, Lee	Western Oregon	8.84	2
10	McMahon, Colin	Western Oregon	8.90	2

Men 4x400 Meter Relay

=====			
	Team	Finals	H#
=====			
1	University of British Columbia 'A'	3:22.71	1
2	Clackamas Community College 'A'	3:24.84	1
3	Portland State University 'A'	3:26.18	1
4	Central Washington University 'A'	3:26.83	2

5	Western Washington University	'A'	3:26.96	1
6	Seattle University	'A'	3:28.31	1
7	Clackamas Community College	'B'	3:30.43	2
8	McKay	'A'	3:34.48	2
9	Spokane Falls	'A'	3:34.66	2

Men Distance Medley

Team			Finals
1	Saint Martin's College	'A'	11:04.17
2	South Kitsap T&F Club	'A'	11:28.62

Men High Jump

Name	Year Team	Finals	
1 Fredricks, Norris	Unattached	2.15m	7-00.50
2 Mason, Mike	Valley Royals TC	2.10m	6-10.75
3 Johnson, Kyley	Team XO	J2.10m	6-10.75
4 Skiba, Jeff	W. Washington	2.05m	6-08.75
5 Boness, Jason	Team XO	J2.05m	6-08.75
6 Eickhoff, Warren	Washington	J2.05m	6-08.75
7 Bernard, Brian	Clackamas CC	2.00m	6-06.75
8 Ross, Beau	Central Washingt	1.95m	6-04.75
9 Myers, Brandon	Portland State	J1.95m	6-04.75
9 Acker, A.J.	Team XO	J1.95m	6-04.75
11 Clarke, Tyler	Unattached	1.90m	6-02.75
11 Word, Jeff	W. Washington	1.90m	6-02.75
11 Swim, Corey	Warner Pacific	1.90m	6-02.75
14 Geist, Peter	U-W. Washington	J1.90m	6-02.75
15 Watson, Cresap	Central Washingt	1.85m	6-00.75
16 Allan, Peter	W. Washington	J1.85m	6-00.75
17 Fuller, Chris	Highline CC	J1.85m	6-00.75
18 Murray, Leo	Kajaks T&F	1.80m	5-10.75
19 Lemon, Scott	Western Oregon	1.75m	5-08.75
19 Larimer, Dan	Seattle Pacific	1.75m	5-08.75
21 Blaty, Doug	Washington	1.65m	5-05.00
-- Culver, Will	Unattached	NH	
-- Loftis, Brandon	Sandy HS TC	NH	

Men Pole Vault

Name	Year Team	Finals	
1 Miller, Andy	Valley Royals TC	5.06m	16-07.25
2 Cummings, Josh	Western Oregon	4.76m	15-07.25
3 Bernard, Brian	Clackamas CC	4.61m	15-01.50
4 Jones, Sean	Willamette Strid	J4.61m	15-01.50
5 Romney, Scott	W. Washington	J4.61m	15-01.50
6 Thornbrue, Tyler	W. Washington	4.46m	14-07.50
7 Freeman, Josh	W. Washington	4.31m	14-01.75
8 Lohrmann, Cedric	Clackamas CC	4.16m	13-07.75
9 Tribe, Charlie	W. Washington	J4.16m	13-07.75
10 Gause, Greg	Puget Sound	J4.16m	13-07.75
11 Walley, Brian	Valley Royals TC	J4.16m	13-07.75
12 Blaty, Doug	Washington	4.01m	13-01.75
13 Pruden, Russ	Unattached	J4.01m	13-01.75
14 Brewer, Tyrone	Willamette Strid	J4.01m	13-01.75
15 Oberst, Ian	Unattached	J4.01m	13-01.75
16 Cogdill, Ben	Unattached	3.86m	12-08.00
17 Licari, Pat	Unattached	J3.86m	12-08.00
18 Costello, Cody	Puget Sound	J3.86m	12-08.00
19 Van Eekelen, Arjan	British Columbia	3.71m	12-02.00
20 Schmidt, Tyler	Clackamas CC	J3.71m	12-02.00
21 Chan, Phil	Willamette Strid	3.56m	11-08.00
22 Marshalek, Steve	Unattached	J3.56m	11-08.00
23 Hood, Robert	Unattached	3.41m	11-02.25
23 Clapson, Mike	U-British Columb	3.41m	11-02.25
23 Feakin, Jake	Scappoose	3.41m	11-02.25
26 Winters, Josh	Unattached	3.26m	10-08.25
-- Behl, Andrew	W. Washington	NH	
-- Phillips, Matt	Willamette Strid	NH	
-- Duvall, Loren	Willamette Strid	NH	
-- Baucom, Louis	Unattached	NH	
-- Greene, Burch	Puget Sound	NH	
-- Lowry, Robbie	W. Washington	NH	
-- Mathews, Tommy	Western Oregon	NH	
-- Agar, Newman	Victoria	NH	
-- Dickaut, Darren	Unattached	NH	
-- Mezheritsky, Dan	British Columbia	NH	

Men Long Jump

Name	Year Team	Finals	
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1 Welsch, Jonas	Willamette Unive	7.17m	23-06.25
2 Kein, Mason	Highline CC	6.88m	22-07.00
3 Kauffman, Casey	Clackamas CC	6.75m	22-01.75
4 Bernard, Brian	Clackamas CC	6.69m	21-11.50
5 Han, Thomas	Unattached	6.58m	21-07.25
6 Randolph, Chris	Seattle Pacific	J6.58m	21-07.25
7 Dickson, Kevin	U-Unattatched	6.55m	21-06.00
8 Bacon, Steven	Independant	6.54m	21-05.50
9 Buster, Robert	Oly	6.42m	21-00.75
10 Brown, Garrett	Seattle U.	6.36m	20-10.50
11 Myers, Brandon	Portland State	6.33m	20-09.25
12 Lawrence, Justin	Central Washingt	6.29m	20-07.75
13 Binder, Karl	U-Simon Fraser	6.28m	20-07.25
14 Danforth, Paul	W. Washington	6.23m	20-05.25
15 Watson, Cresap	Central Washingt	6.18m	20-03.50
16 Armstead, Jeramiah	Highline CC	6.15m	20-02.25
17 Swim, Corey	Warner Pacific	6.14m	20-01.75
18 Mellein, Mark	W. Washington	6.13m	20-01.50
19 Smith, Aaron	Unattached	6.09m	19-11.75
20 Weber, Kurt	Central Washingt	6.06m	19-10.75
21 Turner, James	Highline CC	6.03m	19-09.50
22 Kramer, Brian	Puget Sound	6.02m	19-09.00
23 Loftis, Brandon	Sandy HS TC	5.92m	19-05.25
24 Freeman, Josh	W. Washington	5.89m	19-04.00
25 Jones, Sean	Willamette Strid	J5.89m	19-04.00
26 Rahman, Abdul	Unattached	5.87m	19-03.25
27 Anderson, Nate	Western Oregon	J5.87m	19-03.25
28 Hopley, Ryan	Barron Park Stri	5.59m	18-04.25
29 Keunzi, Ben	McKay	J5.59m	18-04.25
30 Nguyen, Nick	W. Washington	5.58m	18-03.75
31 Brown, Jesse	McKenzie Strider	5.46m	17-11.00

Men Triple Jump

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Name		Year Team	Finals	
=====				
1	Lawrence, Justin	Central Washingt	14.52m	47-07.75
2	Ross, Beau	Central Washingt	13.78m	45-02.50
3	Jones, Reggie	Unattached	13.45m	44-01.50
4	Smith, Aaron	Unattached	13.32m	43-08.50

5	Myers, Brandon	Portland State	13.23m	43-05.00
6	Mellein, Mark	W. Washington	13.04m	42-09.50
7	Hattingh, Tyrone	Seattle Pacific	12.77m	41-10.75
8	Watson, Cresap	Central Washingt	12.69m	41-07.75
9	Danforth, Paul	W. Washington	12.54m	41-01.75
10	Swim, Corey	Warner Pacific	J12.54m	41-01.75

Men Shot Put

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	Name	Year Team	Finals	
=====				
1	Straka, Shaun	Portland State	16.94m	55-07.00
2	Wilson, Evan	Washington	15.69m	51-05.75
3	Edwards, Jeremy	British Columbia	15.18m	49-09.75
4	Mezheritsky, Dan	British Columbia	14.97m	49-01.50
5	Babcock, Collin	Western Oregon	14.28m	46-10.25
6	Hayes, Aaron	U-Central Washin	13.91m	45-07.75
7	Galloway, Jacob	Central Washingt	13.64m	44-09.00
8	Hartsteen, Tyler	Mount Hood	13.61m	44-08.00
9	Patterson, Jason	Central Washingt	13.30m	43-07.75
10	Liebowitz, Dane	Western Oregon	13.25m	43-05.75
11	Fife, Zach	Central Washingt	13.09m	42-11.50
12	Lester, Andre	Highline CC	12.64m	41-05.75
13	Farris, Tom	W. Washington	12.28m	40-03.50
14	Freeman, Josh	W. Washington	12.26m	40-02.75
15	Jasmin, Brandon	Western Oregon	12.21m	40-00.75
16	Jones, Kyle	Highline CC	11.94m	39-02.25
17	Utz, Marshall	Clackamas CC	11.71m	38-05.00
18	Rapaglia, Tony	U-St. Martin's C	11.44m	37-06.50
19	Davis, Jeremy	St. Martin's Col	11.24m	36-10.50
20	Volz, Matt	Highline CC	10.96m	35-11.50
21	Willard, Jason	W. Washington	10.76m	35-03.75
22	White, Randall	Warner Pacific	10.74m	35-03.00
23	Justham, Drew	Puget Sound	10.64m	34-11.00
24	Swim, Corey	Warner Pacific	10.09m	33-01.25
25	Leyritz, Bryon	Highline CC	10.01m	32-10.25
26	Faletoi, Ponce	St. Martin's Col	8.71m	28-07.00
27	Johnson, Kevin	Western Oregon	1.40m	4-07.25

Men Weight Throw

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	Name	Year Team	Finals	

=====				
1	Rolfe, Nate	Unattached	21.61m	70-10.75
2	Dirks, Ryan	Unattached	17.71m	58-01.25
3	Edwards, Jeremy	British Columbia	16.11m	52-10.25
4	Howell, Derek	Simon Fraser	15.44m	50-08.00
5	Jasmin, Brandon	Western Oregon	13.84m	45-05.00
6	Farris, Tom	W. Washington	13.47m	44-02.50
7	Holloway, Josh	Western Oregon	12.83m	42-01.25
8	Hartsteen, Tyler	Mount Hood	12.67m	41-07.00
9	Liebowitz, Dane	Western Oregon	11.82m	38-09.50
10	Uberti, David	Central Washingt	11.74m	38-06.25
11	Utz, Marshall	Clackamas CC	10.10m	33-01.75
12	Rensmaag, Greg	Maple Ridge SS	9.85m	32-03.75
13	Davis, Jeremy	St. Martin's Col	8.61m	28-03.00
14	Faletoi, Ponce	St. Martin's Col	6.77m	22-02.50
--	Johnson, Kevin	Western Oregon	FOUL	

Mixed Shot Put

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Name		Year	Team	Finals	
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1	Wauters, Matt		Shelton Throwers	19.65m	64-05.75
2	Staub, Joseph		Unattached	16.44m	53-11.25
3	Panozzo, Dave		Maple Ridge SS	11.35m	37-03.00
4	Hooper, Andrew		Unattached	11.33m	37-02.25
5	Rensmaag, Greg		Maple Ridge SS	10.70m	35-01.25
6	Goff, Bradley		NW Christian	8.73m	28-07.75
7	Porter, Zach		Maple Ridge SS	7.99m	26-02.75

Mixed Weight Throw

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Name	Year	Team	Finals	
=====				
1	Patterson, Mikaela	Valley Royals TC	14.52m	47-07.75
2	Payne, Chelsea	Kajaks T&F	12.15m	39-10.50
3	Mrdeza, Stephanie	Com. Cougars	11.81m	38-09.00
4	Gallagher, Sarah	Com. Cougars	9.80m	32-02.00